

SUPPORT GROUPS

BUILDINGHOPE SUMMIT COUNTY

Building Hope Summit County is a community-wide initiative designed to create a more coordinated, effective and responsive mental health system that promotes emotional health, reduces stigma, and improves access to care and support to everyone for Summit County.

An important piece of our work is connecting people to peer support groups for recovery, grief, traumatic brain injuries(TBI), mental health and Spanish-language programs in Summit County. Check the comprehensive listings on the following pages to find support groups that may fit your need.

For more information about Building Hope or to learn how to get involved, email Betsy Casey at betsyc@summitfirc.org.



HOSTED BY	TYPE OF GROUP	DATE & TIME	LOCATION
ALCOHOLICS ANONYMOUS MEETINGS			
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>MONDAYS: 7:00 PM (OPEN/DISCUSSION GROUP)</p> <p>TUESDAYS: 7:00 PM (CLOSED/BIG BOOK STUDY)</p> <p>WEDNESDAYS: 7:00 PM (CLOSED/STEP STUDY)</p>	FATHER DYER CHURCH 310 Wellington St. Breckenridge
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>FRIDAYS: 8:00 PM (OPEN/SPEAKER GROUP)</p> <p>SATURDAYS: 9:00 AM (WOMEN'S 12- STEP GROUP)</p> <p>SUNDAYS: 7:30 PM (OPEN/DISCUSSION GROUP)</p>	ST JOHN'S EPISCOPAL CHURCH 100 French St. ,Breckenridge
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	<p>MONDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>MONDAYS: 6:30 PM (OPEN/DISCUSSION GROUP)</p> <p>TUESDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>WEDNESDAYS: 6:45 AM (OPEN/DISCUSSION GROUP)</p> <p>WEDNESDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>THURSDAYS: 12:00 PM (OPEN/BIG BOOK GROUP)</p> <p>FRIDAYS: 7:00 AM (OPEN/DISCUSSION GROUP)</p> <p>FRIDAYS: 12:00 PM (OPEN/DISCUSSION GROUP)</p> <p>SATURDAYS: 8 AM (SUNRISE/OPEN GROUP)</p>	LORD OF THE MOUNTAINS CHURCH 56 US 6, Dillon (at US HWY 6 x Evergreen)
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	THURSDAYS: 6:30 PM (OPEN GROUP)	DILLON COMMUNITYCHURCH 371 La Bonte, Dillon
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	TUESDAYS: 6:30 PM (OPEN GROUP)	SUMMIT COMMONS MT. ROYAL ROOM 37 Peak One Blvd, Frisco
ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	SATURDAYS: 6:30 PM (OPEN GROUP)	SUMMIT SENIOR CENTER 83 Nancy's Place, Frisco,



HOSTED BY	TYPE OF GROUP	DATE & TIME	LOCATION
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ALCOHOLICS ANONYMOUS	12-STEP RECOVERY SUPPORT	WEDNESDAYS: 6:15 PM (OPEN GROUP)	SOUTH PARK COMMUNITY CHURCH RECTORY: 600 Hathaway Street, Fairplay (The Rectory is the brown building across the street from Church)
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NARCOTICS ANONYMOUS MEETINGS			
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NARCOTICS ANONYMOUS	12-STEP RECOVERY SUPPORT	WEDNESDAYS: 6:30 PM (OPEN GROUP)	FATHER DYER CHURCH 310 Wellington St. BRECKENRIDGE
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NARCOTIC ANONYMOUS	12-STEP RECOVERY SUPPORT	MONDAYS: 6:30 PM (OPEN GROUP) FRIDAYS: 6:30 PM (OPEN GROUP)	AGAPE OUTPOST: 1504 HWY 9 Between Frisco & Breckenridge
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CELEBRATE RECOVERY			
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CELEBRATE RECOVERY	CHRIST-CENTERED RECOVERY	WEDNESDAYS 6:00 - 9:00 PM (FREE MEAL 6 - 7:00 PM, MEETING @ 7:00 PM)	AGAPE OUTPOST: 1504 HWY 9 Between Frisco & Breckenridge
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CELEBRATE RECOVERY	CHRIST-CENTERED RECOVERY	TUESDAYS: 11:00 - 12:00 PM	SUMMIT CHURCH, 135 Main Street, Suite B300, Dillon
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AL-ANON/ALATEEN/ACOA			
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AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	TUESDAYS: 7:00 PM	LORD OF THE MOUNTAINS CHURCH (56 US-6, Dillon) at US Highway 6 and Evergreen Rd
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AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	THURSDAYS: 7:00 PM	ST JOHN'S EPISCOPAL CHURCH 100 French Street, Breckenridge (Enter in back)
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AL-ANON	12-STEP RECOVERY FOR FRIENDS & FAMILY	FRIDAYS: 12:00 PM	SUMMIT COUNTY CHURCH OF CHRIST (1002 S 7th Ave, Frisco 7th Avenue at the Recreation Path
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ALATEEN	12-STEP RECOVERY FOR TEENS	THURSDAYS: 7:00 PM	ST JOHN'S EPISCOPAL CHURCH 100 French Street, Breckenridge (Enter in back)
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AL-ANON/ALATEEN/ACOA

ADULT CHILDREN of ALCOHOLICS/ DYSFUNCTION (ACOA)	12-STEP RECOVERY FOR ADULT CHILDREN OF ALCOHOLICS	MONDAYS: 6:45 AM	ST JOHN'S EPISCOPAL CHURCH 100 French Street, Breckenridge Enter in the back)
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SPANISH LANGUAGE SUPPORT GROUPS

FAMILY INTERCULTURAL RESOURCE CENTER	MAMACITAS: SPANISH-SPEAKING SUPPORT GROUP FOR MOMS	LAST TUESDAY OF EVERY MONTH Currently scheduled from 5:30-7:30 PM for AUGUST 26 (in DILLON) OCTOBER 26 (at FIRC)	FIRC BUILDING in SILVERTHORNE 251 W. 4th Street, Silverthorne CONTACT: Nubia Sanchez 970-389-9786
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FAMILY INTERCULTURAL RESOURCE CENTER	GRUPO DE APOLLO (GROUP FOR ADOLESCENTS IN CRISIS)	FIRST TUESDAY OF EVERY MONTH DINNER: 5:30 // CLASS: 6:00 – 7:15	FIRC BUILDING in SILVERTHORNE 251 W. 4th Street, Silverthorne,
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PEER & FAMILY SUPPORT GROUPS

NAMI HIGH COUNTY COLORADO (NAMI HCC)	MENTAL HEALTH FAMILY SUPPORT	3RD TUESDAY OF THE MONTH: 6:30-7:45 PM	DILLON COMMUNITY CHURCH 371 La Bonte, Dillon
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NAMI HIGH COUNTY COLORADO (NAM IHCC)	CONNECTIONS SUPPORT GROUP (MENTAL HEALTH FAMILY SUPPORT)	3RD TUESDAY OF THE MONTH: 6:30-7:45 PM 1ST, 2ND & 4TH TUESDAY: 7:00-8:30 PM:	DILLON COMMUNITY CHURCH 371 La Bonte, Dillon TRINITYWELLNESS STUDIO 419 Main St., Frisco (Unit 1, Upstairs)
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NAMI HIGH COUNTY COLORADO (NAMI HCC)	FAMILY-to-FAMILY SUPPORT GROUP	WEDNESDAYS, STARTS SEPT. 13 for 12 WEEKS: 6:30-9:00 PM	FRISCO, LOCATION TBD. CONTACT SHEILA at s.brockmeier@comcast.net to register and for more info
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TBI/BRAIN INJURY SUPPORT GROUPS

BRAIN INJURY ASSOCIATION OF AMERICA	SUMMIT COUNTY BRAIN INJURY SUPPORT GROUP TBI SUPPORT GROUP	2ND MONDAY OF THE MONTH: 7- 8:00 PM	THE CHURCH at AGAPE OUTPOST 15404 Hwy 9, Breckenridge (Between Frisco and Breck)
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GRIEF SUPPORT GROUPS

BRISTLECONE	GRIEF SUPPORT GROUP	LAST MONDAY OF THE MONTH 7- 8:30 PM	ST. ANTHONY'S MEDICAL CENTER 340 PEAK ONE DR. FRISCO (Second floor board room)
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