

A woman wearing a blue puffy jacket, a purple and pink ski helmet, and goggles is laughing joyfully in a snowy environment. She is holding a snowboard with a purple and yellow pattern. The background features dark silhouettes of mountains and evergreen trees. The entire scene is overlaid with a semi-transparent blue banner containing the title text.

MENTAL HEALTH MATTERS • 2023

BUILDING
HOPE
SUMMIT COUNTY



OUR MISSION

Building Hope Summit County is a community-wide initiative designed to create a more coordinated, effective and responsive mental health system that promotes emotional well-being, reduces stigma and improves access to care and support for everyone in Summit County.

**“BUILDING
HOPE GAVE
ME ACCESS TO
THERAPY AT
A TIME WHEN
I MAY NOT
HAVE SURVIVED
WITHOUT IT.”**

WE'RE ALL **IMPERFECT** LET'S BE IMPERFECT TOGETHER

Beautiful Summit County,

Building Hope Summit has seen a lot of change and growth over the years and 2023 proved to be no different. Community partners and **Building Hope** continue to work together to build the best system of Mental Health Services possible for our Summit County residents and workers.

In 2023, our own **Building Hope** family was rocked by the personal loss of both the husband and father of our fearless leader- Jen McAtamney. With broken hearts felt within our close knit organization, we were in need of our own support. Community partners, our Board of Directors, and our staff showed up when we needed them most and we cannot say Thank You enough. It is through the strength of others that we are able to shine our brightest. Because of the support we receive from this community, we can continue to give back and provide more resources than ever before. You'll see in this report that 2023 was our busiest year yet, almost doubling our provider network capacity, increasing the number of mental health scholarships issued, and bringing in new partners to enhance our overall system. We haven't slowed down and we don't plan to. Our dedication to ensuring the mental safety and well-being of this community is paramount.

We are honored to serve you, Summit County. We value your trust, your dedication to mental health, and we are immensely grateful for the ability to continue this partnership for many years to come.

With gratitude and strength,

Kellyn Ender

Kellyn Ender
Executive Director





COMUNITY SUPPORT GROUPS

18

GROUPS
CREATED

255

GROUPS
HELD

1096

INDIVIDUALS
IMPACTED



MENTAL HEALTH THERAPY SCHOLARSHIPS

Scholarships are issued to individuals who otherwise could not afford therapy. Scholarships can be accessed at any of these locations: FIRC, Summit School District, Tree Top Child Advocacy Center, SMART Team, Summit Advocates, Summit County Jail STARR, Summit Community Care Clinic, Mind Spring Health.

OVER 100
PROVIDERS

ACCEPT BUILDING HOPE
SCHOLARSHIPS

817

SCHOLARSHIPS
ISSUED

6991

SESSIONS
COMPLETED

86%

agree that if they
needed mental
health services
in the future that
they would likely
reach out to
local providers or
programs.

CAPACITY BUILDING **SUPPORT** FOR PROVIDERS

INSURANCE PROVIDER PROGRAM



Created to assist providers with the challenging landscape of insurance billing and payments.

22

PROVIDERS
PARTICIPATE

2087

THERAPY
SESSIONS

MINI GRANTS

Over 76 grants issued to mental health providers serving Summit County for professional development and licensing supervision, as well as provider led support groups.

MOUNTAIN STRONG

NEW IN 2023

An online platform that connects those needing behavioral health services with one of our network providers.



**“IT HAS
SAVED MY
LIFE. I WOULD
NOT HAVE
AFFORDED
THERAPY
OTHERWISE.”**



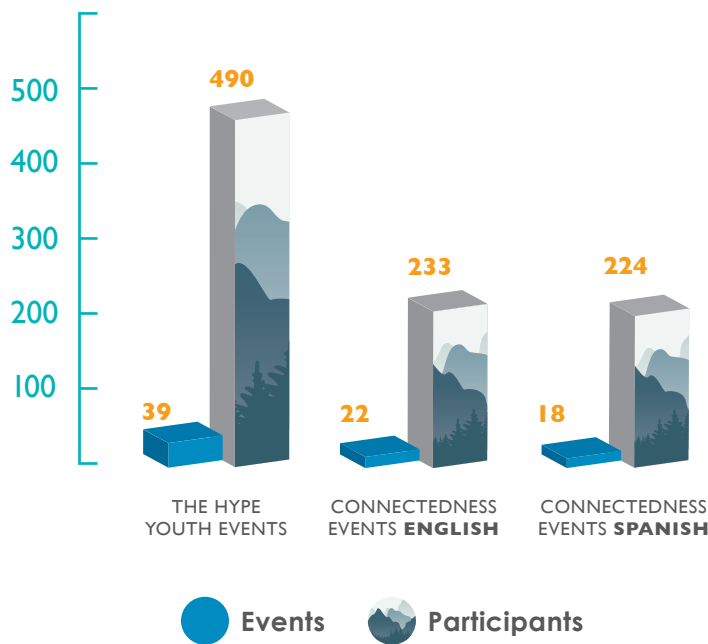
“PLEASE KEEP
DOING THIS
BECAUSE
IT’S A GREAT
WAY TO HANG
OUT WITH MY
FRIENDS!”

HYPE participant

COMMUNITY CONNECTEDNESS EVENTS

Free community events to improve emotional well being
and foster connection.

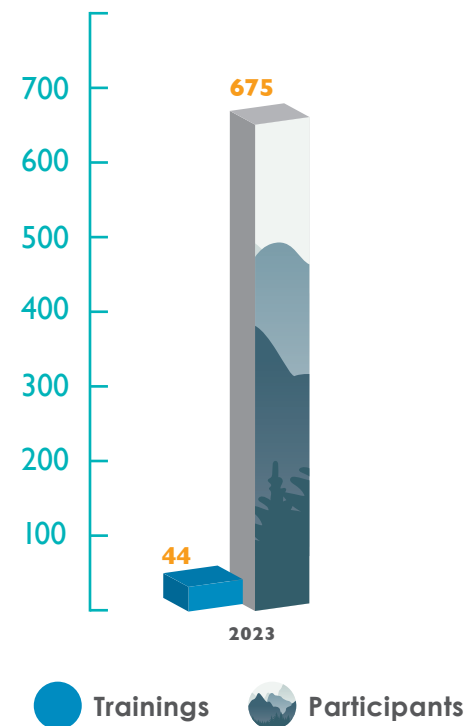
COMMUNITY CONNECTEDNESS EVENTS & THE HYPE



MENTAL HEALTH TRAININGS

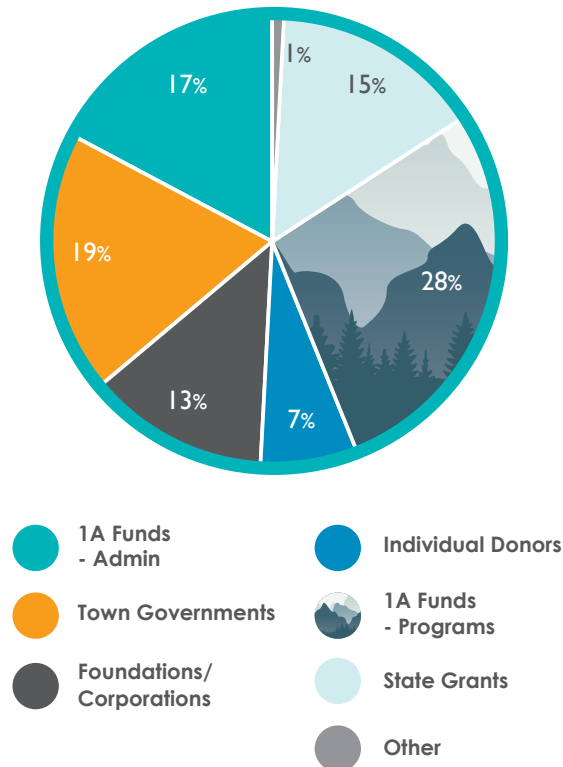
To increase public awareness
and education around mental
health including Question.
Persuade. Refer (QPR), Mental
Health Navigation, and
Volunteer Ambassador Program.

MENTAL HEALTH TRAININGS





BUILDING HOPE FUNDING



COMMUNITY OUTREACH

31,144
WEBSITE VISITOR
TRAFFIC

Community engagement increases awareness of mental health programs and resources.

17,017
SOCIAL MEDIA
ENGAGEMENTS

BUILDINGHOPESUMMIT.ORG

SUICIDE PREVENTION

While not all suicides are preventable, most are. We believe our community can achieve zero suicides and we will continue to work towards that goal. Improving our system is a matter of life and death for many individuals. This goal is woven into everything we do.

WE CARE PACKAGES

Building Hope distributes "We Care" packages to survivors of suicide loss as well as attempt survivors of Summit County, Colorado.

• 20 Packages distributed

STRONG FUTURE MENTAL HEALTH CITIZEN COMMITTEE

Ensures funding and services are focused on the mental health continuum across Summit County. Building Hope acts as organizer and convener for all behavioral health agencies in Summit County.

PEER SUPPORT

Volunteer peer support people with lived experience in mental health challenges are available through Warm Line or Caring Connections one on one support.

• 96 hours of volunteer support provided

IMMEDIATE ACCESS PROGRAM

Created to fill a temporary gap in service, this program increases the availability of appropriate and timely crisis stabilization in Summit County. Clinicians meet with clients within 24 hours of receiving a referral and provide follow-up care for three to five days after contact.

• 118 Clients Served / 592 Sessions

